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# Public Health and STPs

## SW Clinical Senate 19<sup>th</sup> May, 2016

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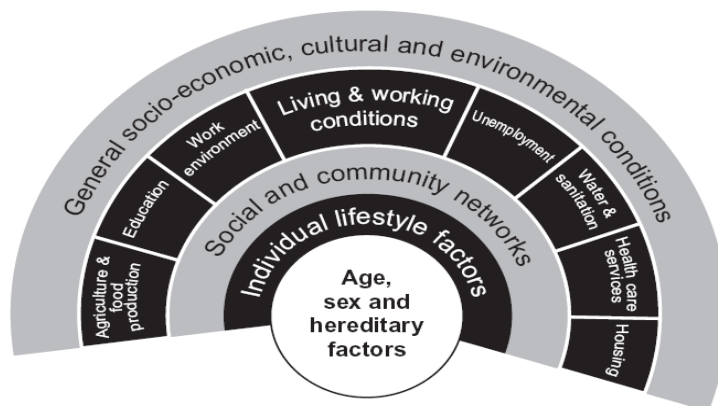
## Principles

- 5YFV - a sustainable NHS requires new models of care, technical efficiencies and an unprecedented scale of prevention
- CCG plans and clinical network guidance continue to focus on treatment pathways and do not integrate prevention well enough into all pathways
- We know what to do (the evidence base is strong), we know how to do it (there are many good examples across the world and in this country), but we aren't doing it systematically in all relevant pathways
- We should use all our collective leadership and levers to bring in a consistent and thorough set of expectations of NHS provision.

## What do we need to look for?

- Prevention needs to be embedded into all clinical and treatment pathways
- Workplace health (mental and physical) which is beneficial to staff and organisations
- Mental and physical health as these can be interrelated
- Tackling the causes of the causes of ill health – the wider determinants that impact directly or indirectly through lifestyle choices

## Wider determinants of health





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## Offer from PHE

### SUMMARY:

- Specialist public health advice and support on collaborative working between partners.
- Review and feedback of STP submissions.

DETAIL: The SW PHE Centre will discuss with specific footprints any additional support requirements over and above the national support and the regional networks and agree how they can work together.

The universal service offer is a standard set of PHE support that includes network support, specialist advice, standard package of products services and deliverables. The bespoke offer is a more developed and negotiated support with local authorities and NHS stakeholders, and includes bespoke packages of time limited focussed support on agreed joint priority areas for development in the locality.



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## Practical support

- HCPH network meeting on 18/3:
  - PH contribution to each of the three gaps (H&WB, Quality, Finance)
  - Prevention interventions to deliver at scale to save money
  - Focus on quick wins, but we need system wide action on wider determinants – this is not a one year programme
  - 10 big questions posed to STPs
- Analysis packs at STP level
- HCPH network webinar end of May
- Aid memoires to 10 questions (How to guides) - with NHSE
- Prevention guides (this week and early June)
- Future of Ill Health (prevalence to predict demand)



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## Analysis packs - format

- Health and care landscape
- Demography
- Health and Wellbeing statistics (health and social care):
  - Quality of life, lifestyle, LTC, mortality, AMR
- Care and Quality statistics
  - Waiting times, admissions, experience of services
- Rightcare
- Finance and Efficiency
  - Needs versus funding
  - Outturn forecasts



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## Analysis packs – points to note

- Finance data is health only
- Look at variation within STPs as well as between STPs, e.g. North Somerset in BNSG
- More indicators are suggested at Annex 4
- H&WB gap could have looked at preventable causes of ill health (e.g. consumption of alcohol, tobacco) and workforce health
- Care & Quality gap could have looked at prevalence v care
- Finance gap could have asked what savings can be made from “moderating demand growth” e.g. through prevention?



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## How to guides

- From the 10 big questions, PHE guides on:
  - How are you going to prevent ill health and moderate demand for healthcare
  - How are you engaging patients, communities and NHS staff?
  - How will you implement new care models that address local challenges?
  - How will you achieve our 2020 ambitions on key clinical priorities?
  - How will you achieve and maintain financial balance



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## Menu of preventative interventions:

- 14 topics in two tranches
  - alcohol; smoking; diet and obesity; health and work; atrial fibrillation and high cholesterol; diabetes; falls and musculoskeletal
  - physical activity; mental health; hypertension; sexual health; dementia; maternity and early years; drugs; and antimicrobial resistance
- Each topic has three slides:
  - one introducing the topic and challenges, ambitions and top 5 interventions we endorse in the context of STPs
  - 2 slides that provide a deep dive on the top 2 interventions, including information on the economic case.