

### Afternoon Workshops

#### 1. The Best Possible Value Programme with Zephany Trent, NHS Improvement

In this workshop you will receive an overview of NHS Improvement's Best Possible Value (BPV) Decision Framework, why it is important and how it can help you consider service change proposals and what they will really mean for how healthcare resources are used and the impact on patients, as well as linking to the capital bids process. This session will consider case studies from elsewhere in the country as well as live examples from the South West to explore new approaches to understanding and maximising value in healthcare services.

Embracing  
Change in  
Practice

#### 2. Research Gaps in Healthcare and How to Drive Change as a Result of Research with Steph Garfield-Birkbeck, Health Services and Delivery Research programme, NIHR

In this workshop, you examine the duality of research gaps in healthcare and the implementation of knowledge transfer as a result of research, exploring the potential for clinicians to influence the impact of research on behaviour in the delivery of healthcare and how best to present research to achieve traction in this area. The session will also consider how research gets translated as well as the research portfolio of the delivery research team and where further research could usefully be undertaken.

Relationships  
with patients

#### 3. Realistic Healthcare - Led by the Citizens' Assembly

In this workshop, you will have the opportunity to learn about some key aspects of the 'Realistic Medicine' concept developed in Scotland and to reflect on the statement: 'Just because we can, doesn't always mean we should'. This will involve a facilitated discussion with Healthwatch members from the Clinical Senate's Citizens' Assembly. The workshop will explore how patients and clinical professionals can combine their expertise to share clinical decision making to focus on outcomes that matter to individuals.

Influencing  
Society

#### 4. Communicating Change in the NHS with Nick Downes, Associate Director, Britain Thinks

In this workshop you will learn about the 'Britain Thinks' research into communicating change in the NHS. The workshop will consider whether progress is being made around the communication of change in the NHS and if not, why not? You will also have the opportunity to discuss a future piece of collaborative research with Britain Thinks focusing on maximising the impact of Senate recommendations in the South West.