Case Review

- Audit tool developed to undertake a case review of deaths by suicide in students at Bristol's universities since 2010
- Aim to identify:
 - common factors and compare to the background population
 - lessons learned for the sector and inform the suicide prevention plans for the universities
- Challenges: record availability/data sharing anxiety, scope, media interest

Case review key findings

- Only 11% declared a mental health condition on UCAS or entry to the university but many more were known to mental health services
- New findings: financial and academic difficulties as flags
- Value:
 - informed the strategy
 - coroner's direction and best practice; tool for future use

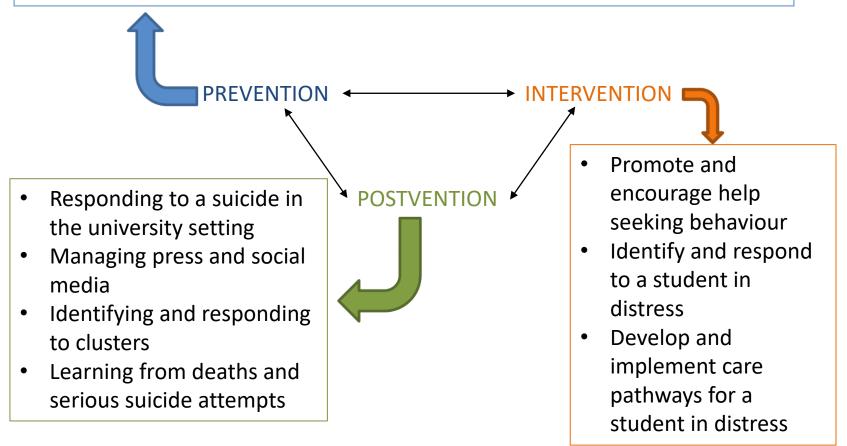
Strategy: development

Available at: <u>http://www.bristol.ac.uk/university/media/strategies/suicide-prevention-response-plan.pdf</u>

- Whole university approach
- Partnership working
- Evidence based
- Informed by expert opinion & audit findings
- "JED comprehensive approach"
- UUK Guidance
 - <u>Suicide Safer Universities</u>
 - Minding our Future

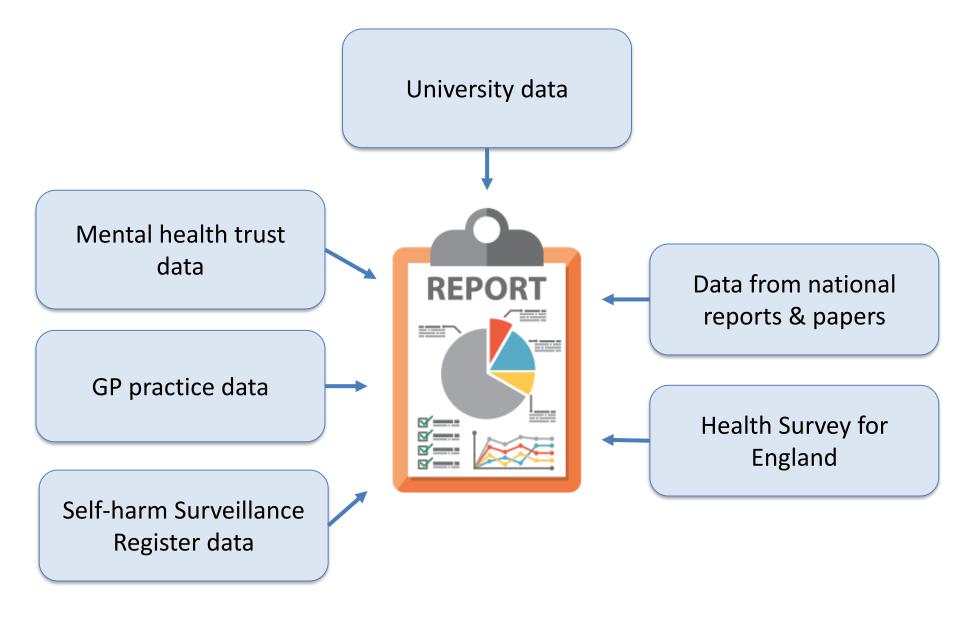
Strategy: areas for action

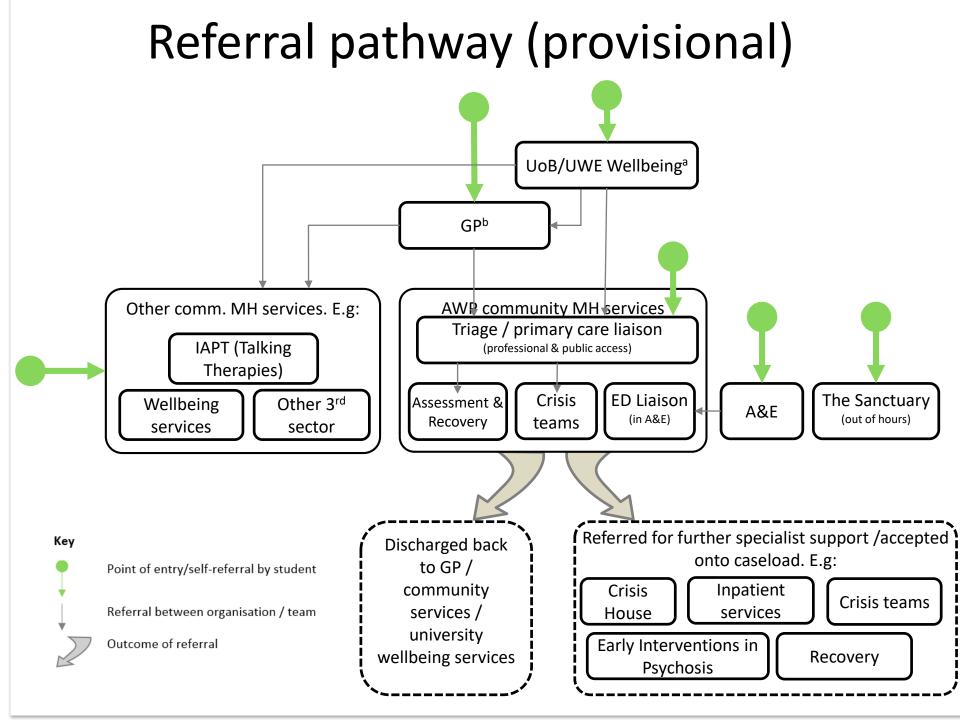
- Create an environment that promotes good mental health and social connectedness and supports development of life skills and resilience
- Reducing access to means
- Gather and use information about students to respond to individual need



Mental health needs assessment

- Requested following a joint meeting between NHS, University of Bristol, UWE and local authority colleagues in Summer 2018
- Complements other work which has been undertaken in the last year around suicide prevention
- Aimed to bring together existing data to
 - Describe mental health & wellbeing needs of students across Bristol universities
 - Compare students & non-students
 - Describe patterns of referrals
 - Appraise potential gaps





Mental health needs assessment key findings & learning points

- A range of data sources exist, but there is a lack of robust data to compare mental health outcomes for students and non-students
- Clarity needed around governance
- Develop a shared understanding of mental health pathways & gather structured feedback on staff and student experience
- Develop data monitoring framework and and data sharing agreements